

THE BEST WAY TO PREVENT INFECTIONS IS TO USE CONDOMS

My private parts scratch me too much, what can I do?

IF YOUR VAGINAL DISCHARGE IS YELLOW OR GREEN, SCRATCHES OR SMELLS...

Go to see a doctor for a medical check-up.

Washing inside your vagina can make vaginal discharge smell or scratch and increase the risk of infections.

That's why you need to get regular medical check-up. Gynecologist controls that there is no infection or sickness.

SOME INFECTIONS CAN BE SILENT FOR A LONG TIME, WITHOUT SHOWING ANY SIGNS

That's why it's really important to make regular check up with a gynecologist (doctor for women), as soon as you start to have sex.

IF YOU HAVE HOSPITAL PAPERS,

you can go to the hospital to the gynecology department.

IF YOU DON'T HAVE HOSPITAL PAPERS

you can see a gynecologist for a check-up for free in:

- PASS (Permanence Accès aux Soins, in most hospitals)
- Family Planning Center

INFECTIONS HAVE DIFFERENT CONSEQUENCES

like itches, fertility issues, pain...

Some of those infections are sexually transmissible, and condoms are the only way to prevent them.

VOCABULARY →

GYNECOLOGIST→ gynécologue

GYNECOLOGIST CHECK- UP → frottis

SEXUAL INTER-COURSE, SEXUAL RELATIONS

RELATIONS

→ rapports sexuel

FAMILY
PLANNING CENTER

→ planning familial
/ centre de planifi-

cation familiale

SICKNESS

→ maladie

SEXUAL
TRANSMITTED
INFECTION (STI)
→ Infection

sexuellement

transmissible (IST)





