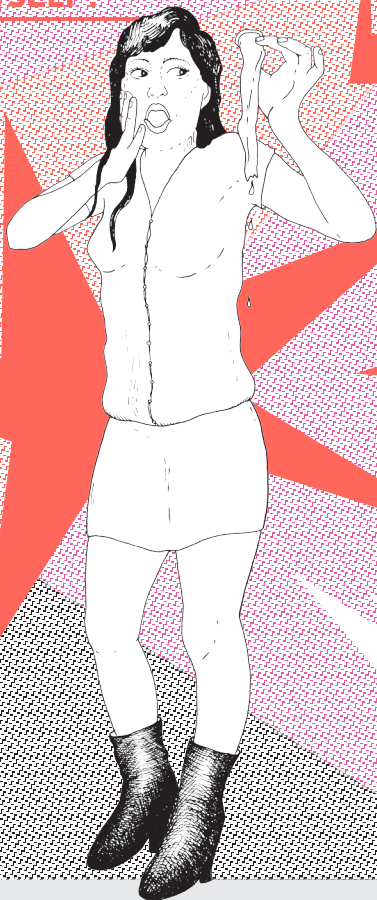


# CONDOM BURSTS

WHAT CAN I DO TO  
PROTECT MYSELF?



# IN CASE OF CONDOM BURST, IT'S NOT TIME TO PANIC BUT TO ACT!

The condom burst, I've heard that I have to go fast to the hospital. How can they help me?

## IN CASE OF BURST, SLIPPAGE, OR NON-USE OF CONDOMS,

you can have a post-exposure treatment (TPE) that can prevent you from being infected with HIV.

You have to go directly to the emergency department of any hospital, they are open night and day. Don't forget to mention a recent HIV exposure to see a doctor.

## THE TREATMENT

is also called «emergency treatment» or «prophylactic». This treatment is very efficient especially if it is started early.

You have to take it within 4 hours after exposure, preferably within 24 hours and a maximum of 36 hours.

The sooner is better.

## POST EXPOSURE TREATMENT

is a one month treatment and it's efficient.

The emergency services will give you «kits» of anti-HIV medication for 2-4 days.

The treatment can have side effects (diarrhea, nausea, fatigue, dizziness, headache) which often disappear within a few days.

Wait one month after the treatment to get tested, and 3 months for the definitive HIV test.

## CONCERNING PREGNANCY,

if you're not taking any contraceptive, go in any pharmacy and ask for emergency contraception.

It's called "pilule du lendemain" or "NORLEVO®".

It can prevent pregnancy if taken within 72 hours. Usually it cost around 10 euros.

## VOCABULARY →

TREATMENT TO PREVENT CATCHING HIV JUST AFTER THERE WAS A RISK:  
→ traitement post-exposition (TPE)

EMERGENCY PILL TO PREVENT PREGNANCY:  
→ pilule du lendemain (Norlevo®)

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